

COUNTRYSIDE YMCA
Presents the 2008
DAVID A. HEWITT SUMMER POLAR BEAR INVITATIONAL

- Date: June 28th & 29th, 2008
- Place: Countryside YMCA (50 meter pool)
1699 Deerfield Road
Lebanon, Ohio 45036
- Information Contact: Brad Isham
Phone: 932-1424 ext. 125
E-mail: bradish@countrysideymca.org
- Facility: A spacious 8 lane 50 meter outdoor pool with a Colorado automatic timing system and touch pads. Spacious spectator seating. Large team and concession areas.
- Type of Meet: This is an inter-league invitational exclusively for YMCA's. This will be a timed final event.
- Times: Saturday & Warm-up @ 7:00 a.m.
Sunday Meet @ 8:00 a.m.
- Entries and Fees:
1. Enter all times in **Meters** to the hundredth of a second
 2. A swimmer may enter an unlimited number of events.
 3. The meet will be limited to the first **350** swimmers.
 4. Deck entries will be accepted provided there is an open lane in the event, and your deck entry fees have been paid. Deck entries are \$5.00 per individual event and \$20.00 per relay.
 5. Individual events are \$3.50 each; relays are \$12.00 each. There will be no admission charge.
 6. Make checks payable to: **Countryside Torpedoes**.
 7. Mail checks and entries to:
Brad Isham
1699 Deerfield Road
Lebanon, Ohio 45036
E-mail: bradish@countrysideymca.org
- Entry Deadline: Entries are due no later than Monday, June 16th, 2008
- Meet Rules: The meet will be governed by the 2008 USA rules and those of the Southwest Ohio YMCA Swim League.

Awards: Individual high point plaques for each age group high point champion, which is scored by age group events only. No senior events are scored towards individual high point.

Heat winner ribbons in the 10&under age group events.

Ribbons for first through eighth in individual and relay events.
Ribbons for ninth through sixteenth place for individual events.

Scoring: Individual: 9-7-6-5-4-3-2-1
Relays: 18-14-12-10-8-6-4-2

Final Results: Countryside YMCA will furnish free of charge one copy of meet final results to each team. Additional copies may be ordered during the meet for \$10.00 per copy.

Conduct: All swimmers must be in designated areas. Anyone in non-designated areas will be disqualified from the meet. Any destruction of property during the swim meet will result in immediate disqualification of the swimmer and/or spectator from the meet and meet area. The swim club will be held responsible for the behavior of their swimmers, parents and guests.

ORDER OF EVENTS

Saturday Morning

(Warm-up 7:00 a.m. Meet 8:00 a.m.)

<u>Girls–Boys</u>	<u>Age Group</u>	<u>Event</u>
1-2	Senior	200 Free
3-4	8 & Under	50 Breast
5-6	9 – 10	50 Breast
7-8	11-12	50 Breast
9-10	13-14	50 Breast
11-12	15 & Over	50 Breast
13-14	Senior	200 Fly
15-16	8 & Under	50 Back
17-18	9 – 10	50 Back
19-20	11 – 12	50 Back
21-22	13-14	50 Back
23-24	15 & Over	50 Back
25-26	8 & Under	200 Free Relay
27-28	9 – 10	200 Free Relay
29-30	11 – 12	200 Free Relay
31-32	13 – 14	200 Free Relay
33-34	15 & Over	400 Free Relay
35-36	9-10	200 IM
37-38	11-12	200 IM
39-40	13-14	200 IM
41-42	15 & Over	400 IM

ORDER OF EVENTS

Sunday Morning

(Warm-up 7:00 a.m. Meet 8:00 a.m.)

<u>Girls-Boys</u>	<u>Age Group</u>	<u>Event</u>
43-44	Senior	200 Back
45-46	8 & Under	50 Fly
47-48	9 – 10	50 Fly
49-50	11 – 12	50 Fly
51-52	13 – 14	50 Fly
53-54	15 & Over	50 Fly
55-56	Senior	200 Breast
57-58	8 & Under	50 Free
59-60	9 – 10	50 Free
61-62	11 – 12	50 Free
63-64	13 – 14	50 Free
65-66	15 & Over	50 Free
67-68	8 & Under	200 Medley Relay
69-70	9 – 10	200 Medley Relay
71-72	11 – 12	200 Medley Relay
73-74	13-14	200 Medley Relay
75-76	15 & Over	400 Medley Relay
77-78	8 & Under	100 Free
79-80	Senior	400 Free